

MENU OF LUNCH-DINNER, ETC FOR INMATES IN SCH, BOLNI DURING 2024-25

DAY	Bed Tea 5:30-6:30	Breakfast 8:30-9:15	Lunch 12:30-1:30	Evening Tea With snacks 3:30-4:00	Dinner 7:45-8:30
Monday	"	Tea-Snacks Fruits	Rice, Raita, Chapati, Salad, Dal	"	Chapati Salad Vegetable
Tuesday	"	Halwa, Tea	Veg, Chapati, salad, Dal; Fruits	"	Veg, Chapati,salad, Milk
Wednesday	"	Parantha, curd	Rice, Dal, Veg, Chapati	"	Veg, salad, Chapati
Thursday	"	Chapati, Pickle, Tea	Dal, Raita, Chapati, salad, Rice	"	Chapati, Veg, Salad, Kheer, Fruits
Friday	"	Tea, Snacks, Fruits	Chapati, Veg, Salad, Halwa	"	Veg, Chapati, Dal, Rice
Saturday	"	Chapati, Dahi, Pickle	Veg, Dal, Chapati, Salad, Raita	"	Chapati, Veg, Salad, Milk
Sunday	6:00-6:30	Snacks,Tea	Chapati, Kheer, Veg, Salad	"	Chapati, Rice, Salad, Dal, Fruits

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Sr. Citizens Home
JKS, Rewari
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